

# SUPER SUNNY DAYS



- BIG SHADE HAT
- SUNGLASSES
- SUN HOODY
- BOARD SHORTS
- SUN PANTS TIGHTS
- SANDALS OR RIVER SHOES

# SORTA SUNNY DAYS



- HAT WITH VISOR
- SUNGLASSES
- SYNTHETIC OR COTTON SHIRT
- LIGHTWEIGHT SUN SHIRT
- BOARD SHORTS
- SANDALS OR RIVER SHOES



# SORTA RAINY DAYS



- RAIN HAT
- BEANIE
- RAIN JACKET/SHELL
- FLEECE PULLOVER
- RAIN PANTS
- BOARD SHORTS
- FLEECE OR POLYPRO PANTS
- WOOL OR FLEECE SOCKS
- OLD TENNIES

# SORTA CLOUDY DAYS



- BEANIE
- FLEECE PULLOVER
- LIGHTWEIGHT SUN SHIRT
- BOARD SHORTS
- FLEECE OR POLYPRO PANTS
- OLD TENNIES

## What to wear and what to bring for on the river

### NO COTTON

#### EVERY TRIP

- Sandals with heel strap (Chaco, Teva, Bedrock) or old running shoes. (NO FLIP FLOPS OR SLIP-ONS)
- Swimsuit or board shorts (quick-drying)
- Lightweight polypropylene, wool, or Lycra tights
- Synthetic sun hoody or lightweight sun shirt
- Sunglasses with strap, (maybe not your best pair)
- Brimmed hat, (baseball-style or visors work well)

#### COLD OR MULTI-DAY TRIPS (in addition)

- Fleece or wool socks
- Mid-weight fleece or polypro pants or tights
- Midweight or heavyweight synthetic fleece pullover/top
- Waterproof rainshell and rainpants
- Wool or fleece beanie
- Rain hat